



Lesson plan summary

The lesson plans and support materials available to you (plus additional tips & hints) will help you accelerate your child's learning

Lesson plan summary



Introduction

Immediately after your child has completed the online questions, your Mindscreen experience® account will automatically be loaded. You will see the following:

- ❖ Their personal profile
 - ❖ You'll instantly learn about their wants and needs, strengths and weaknesses
- ❖ Their Primary Learning Style (PLS)
 - ❖ PLS combines "how they like to learn" with "what interests and motivates them"
 - ❖ Knowing their PLS will help you connect with them on a deeper level, leading to better engagement and faster learning
- ❖ Their Learning Improvement Graph (LIG)
 - ❖ The LIG is a picture of your child's self-awareness, self-belief, and self-confidence
 - ❖ It measures development level and learning improvement in 12 important skill areas
 - ❖ You'll see immediately which skills they need the most help with
 - ❖ And you'll be able to measure their improvement and watch them grow

Lesson plans

The nine lesson plans below are designed to be delivered in the order shown. Later lessons refer to learning accomplished in earlier lessons, therefore following the order below will achieve the best learning outcomes:

1. Easy**Awareness**
2. Easy**Belief**
3. Easy**Confidence**
4. Easy**Skills**
5. Easy**StudyChoice**
6. Easy**CareerChoice**
7. Easy**CV**
8. Easy**Future**
9. Easy**Feedback**

Resources

- ❖ It's a great idea to print and read the **Discovering More About Yourself & Others** booklet, together with the **self-awareness, self-esteem, and self-confidence** handouts, before you start
- ❖ It's also very useful to give your child a folder, so they can file their learner diaries all together for future reference
- ❖ Before you start, read through the "lesson plan resources" section of each Parent/Carer Guide carefully, and check you have all the resources you need

“Participatory” learning versus “passive” learning

It's commonly known that individuals engaged in “participatory” learning methods (like those we've included in Mindscreen experience®) learn better overall. Active, participatory learning helps people to retain more of what they've learned compared with commonly used “passive” learning methodologies.

Passive learning includes: reading, demonstration, or lecture.

Other learning factors to consider

Although participatory learning is now considered the most effective approach, this method could still mean that as much as 50% of learning is not retained. Even the most attentive among us know that the second or third time we experience the same activity, we will see, hear, and learn something new.

We also know that self-confidence and self-esteem can fluctuate up or down, depending on positive or negative events in our life.

So because we know that repetition helps and levels of self-confidence and self-esteem are variable, we believe you can help your child learn and grow even more by repeating the lesson plans with them.

A thought for reflection

You might face a situation where you consider delivering the lesson plans out of order, because of an urgent need your child has shown.

For example, your child has demonstrated a particularly low self-skill score when rating the “I am confident” statement, and therefore you want to help them build their self-confidence as soon as possible.

If you find yourself in this situation, bear in mind that **all the activities in every lesson plan** will positively affect your child's state of mind. Therefore it's a good idea to resist temptation and to stick to delivering the lessons in order.